Monthly Adult Recommendations from the Staff at Deerfield Public Library

George: A Magpie Memoir
Frieda Hughes

What if the middle-aged daughter of two famous poets wrote a memoir about the time she rescued a baby magpie and raised it, keeping her grounded while everything else around her (her relationship with her spouse, her stable income, her house) was falling apart? ~Stephanie K.

Looking for Jane
Heather Marshall

This is an excellent title for fans of The Lost Apothecary and The Great Believers. Three women, three time periods, tied together by motherhood and a secret network of women seeking the right to choose. Full of strong female characters and inspired by true stories. ~Alice H. (CW: abortion)

The Wager
David Grann

This true-life page-turner is touted as “a tale of shipwreck, mutiny and murder.” But it’s also a fascinating look at the fine line between honoring authority versus survival at all costs. It leaves you wondering on which side you would have landed. ~Stuart O. (CW: death, and violence).
Gremlins

What do you do if someone gives you a strange furry creature as a pet? Don't get him wet, keep him away from bright light and most importantly, don't ever, ever feed him after midnight! Steven Spielberg covers these rules and the reasons behind them in this horror masterpiece.

~Lance H. (CW: occasional gore, monster violence)

"You Just Need to Lose Weight": And 19 Other Myths About Fat People
Aubrey Gordon

I've been a fan of the podcast Maintenance Phase for years! This book by co-host Aubrey Gordon continues her great work. With short, easy to read chapters, Gordon breaks down various components of anti-fatness and provides great reflections questions at the end of each chapter. ~Megan S. (CW: anti-fatness, eating disorders)

The Hunger Games Series
Suzanne Collins

My friends are doing a book club for this series this summer, so I have been listening to the audiobooks on Hoopla. Recently re-recorded by Tatiana Maslany (She-Hulk), who does a phenomenal job. ~Emily K.
Extraordinary Birder

Travel along with Christian Cooper and discover the amazing world of birding! You'll see some amazing birds in Puerto Rico, Hawaii, New York City, and more. Cooper does a wonderful job of showcasing local efforts for conservation and helping birds in each location.
~Megan S.

Just Like Home
Sarah Gailey

Just Like Home is a humid, sticky nightmare that is slowly revealed by a shapeless being in the dark. Without giving too much away, I recommend this to anyone who likes a good twist, those with a tenuous relationship with their parents, or fans of early Stephen King. ~Jasmine H.
(CW: psychological/emotional/physical abuse, body horror, child abuse and neglect.)

ClayDream

Do you remember the California Raisins? Do you remember the noid from the pizza commercials? If yes, then you'll love this documentary about Will Vinton. This movie is available on Kanopy and in our regular collection. ~Joseph G.
**The Bear**

*Season 2*

Somehow better than the first season. With the same passion, grit, and heart The Bear is a love song of and for Chicago. The second season deftly shows the inner workings of each character while also showing how they come together to open a new restaurant. This is a must see! ~Chase S. (CW: suicide, drug use, explicit content throughout).

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**When I Think of More**

*Jenny Apida*

Our very own Library Aide (Jenny) just published her first book! It's a collection of fun, lighthearted short stories. Everyone on staff who has read her book has loved it! ~Allison L.

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**The Late Americans**

*Brandon Taylor*

The Millennial novel comes of age in these intertwined stories of young "creatives" trying to create capital-A Art in a time of global capital. Set in contemporary Iowa City--and full of a particularly midwestern ennui--romances, friendships, and jobs are presented fresh and raw. ~Dylan Z. (CW: sex, mental illness)