



SELECTIONS

GROW WITH US EDITION

Monthly Adult Recommendations from the Staff at Deerfield Public Library

This month we are highlighting our Adult year-long reading program, Grow With Us! Throughout this special edition you will find titles that fit one of the 12 themes. Check out deerfieldlibrary.org/growwithus or visit the display near the lower level Reference desk for more information.

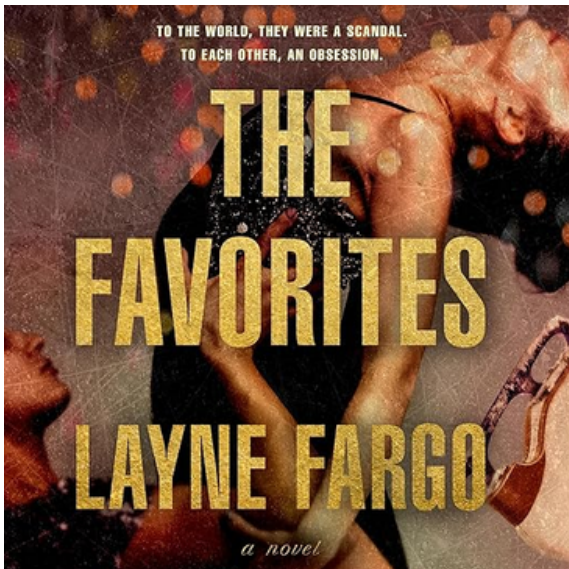
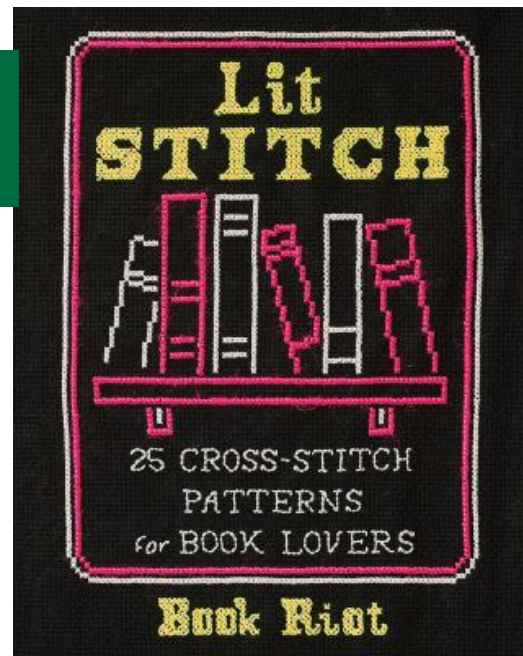
Lit Stitch: 25 Cross-Stitch Patterns for Book Lovers

Book Riot

Theme : Get Crafty

This book is full of creative cross stitch patterns for book lovers. It gives stitchers creative ideas. From literary to creative, there are a wide variety of patterns to choose from! Great book for beginners too! I used this book to help strengthen my cross-stitching skills.

~ Sam R.



The Favorites

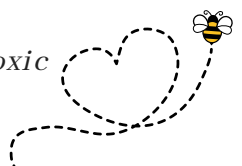
Layne Fargo

Theme : Love of the Game

This is a sports novel set in the world of competitive ice dancing, which I knew nothing about. It's about blind ambition, scandal, and entangled relationships. So much messy drama, I couldn't stop listening. The full-cast audiobook with documentary-style interviews is fantastic.

~ Lucille B.

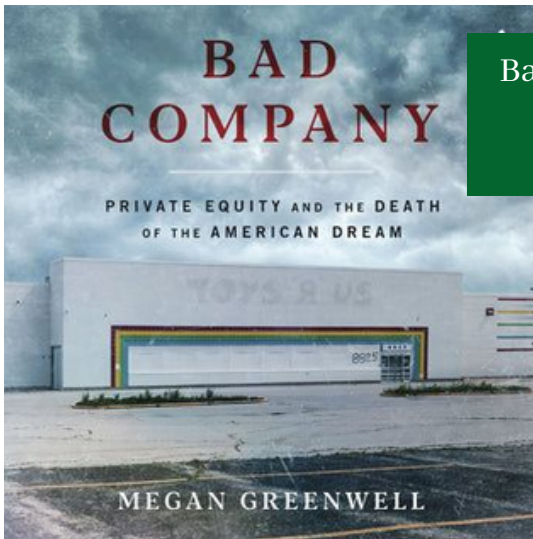
(CW: emotional and physical abuse, toxic relationships, graphic injury details)





Bad Company: Private Equity and the Death of the American Dream

Megan Greenwell



Theme : Here & Now

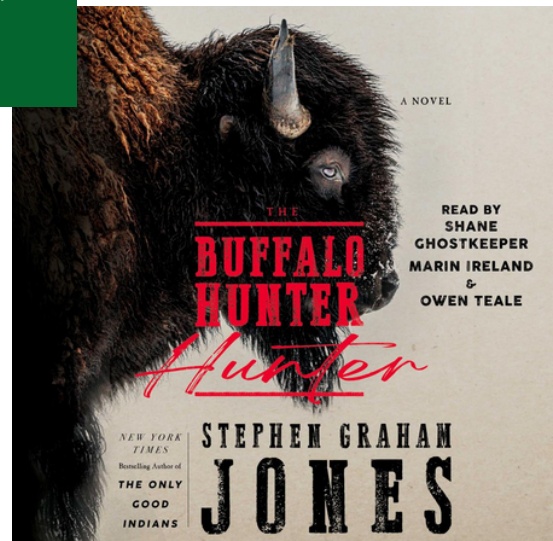
You may have heard about private equity harming companies, like the recent JoAnn Fabrics closure, but what does this mean? Greenwell follows 4 people (a doctor, a journalist, a retail worker, and a housing organizer) to show how. ~ Megan S.

The Buffalo Hunter Hunter

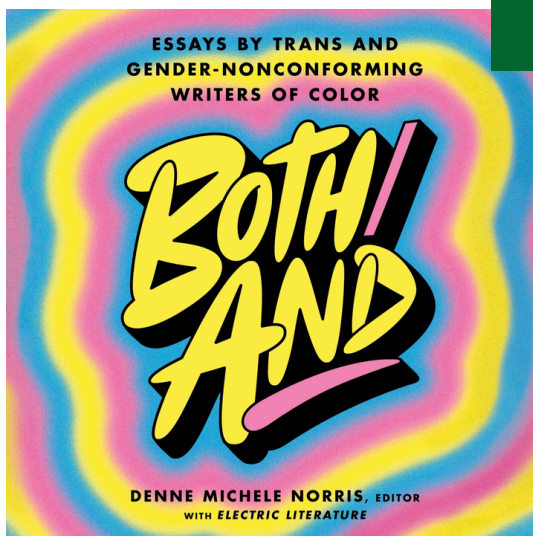
Stephen Graham Jones

Theme : Indigenous Reads

Jones presents an original approach to the vampire genre, while incorporating the true horror of the historical atrocities committed against the Blackfeet and the American Buffalo, and giving the reader a satisfying tale of revenge. Masterfully crafted. ~Melissa S. (CW: explicit violence, gore, animal death)



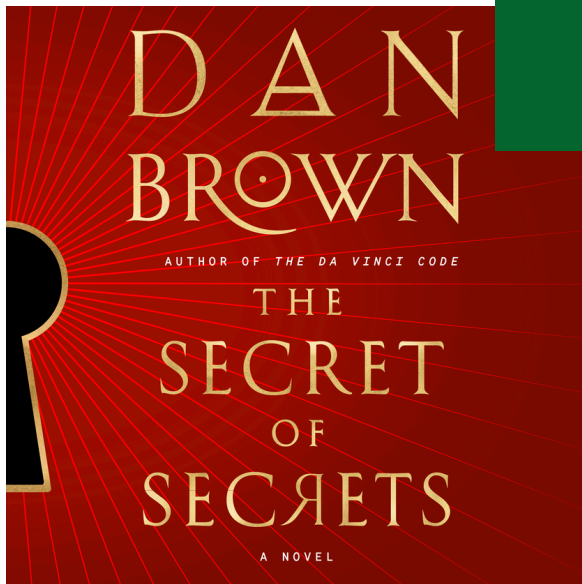
Both/And: Essays by Trans and Gender-Nonconforming Writers of Color



Theme : Heritage Finds

These personal essays from BIPOC trans and gender nonconforming people share perspectives that are so often ignored. It's so important for these points of view to be heard and I really appreciated how the audiobook had enough different narrators to keep each essay distinct. ~ Dylan G. (CW: mentions of suicide attempts, assault, homophobia, transphobia)





The Secret of Secrets

Dan Brown

Theme : The Wanderer

Robert Langdon is back for another thrilling adventure – now in the magical city of Prague to unlock the secret that’s mystified mankind for centuries. In the same tradition as Da Vinci Code, this kept me on the edge of my seat from cover to cover. ~ Stuart O.

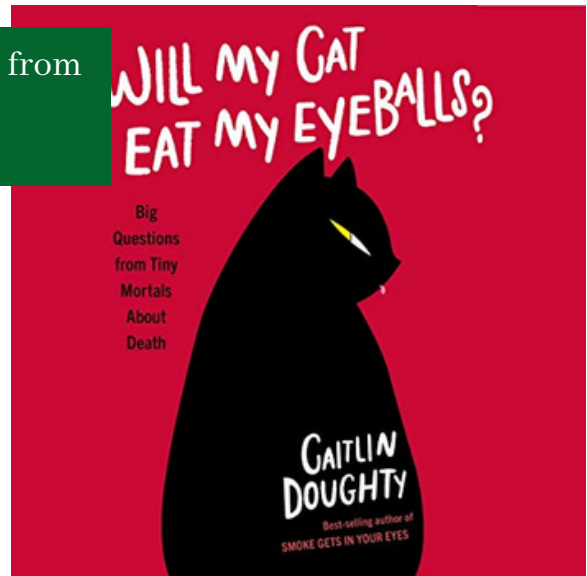
Will My Cat Eat My Eyeballs?: Big Questions from Tiny Mortals About Death

Caitlin Doughty

Theme : Grow With Us

Having recently lost a dear friend, I found this book very comforting. Doughty, a mortician, answers the death-related questions she has been asked by young people over the course of her career with gentleness, honesty, and genuine humor. It’s an informative and heartfelt read.

~ Annabelle N. (CW: death in scientific detail)



Dig

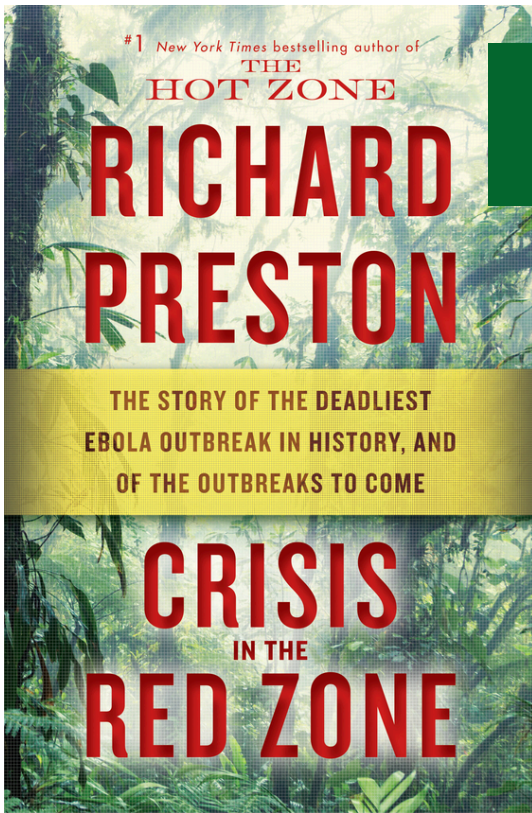
J. H. Markert

Theme : One Word Wonder

This folk horror packs scares and mystery all while reading like a thriller. The author is a historian so the historical aspects are generally spot on. The storytelling makes it a very compelling and exciting read!

~ Caitlin N. (CW: slavery, racism)





Crisis in the Red Zone

Richard Preston

Theme : The Wanderer

More than a chronicle of the 2013-2014 Ebola epidemic in West Africa, Preston delves into scientific innovation, the ethics of distributing scarce treatments, the necessity of public health surveillance, and the powerful humanity of frontline responders. Grim, but riveting read.

~ Nancy H. (CW: medical gore)

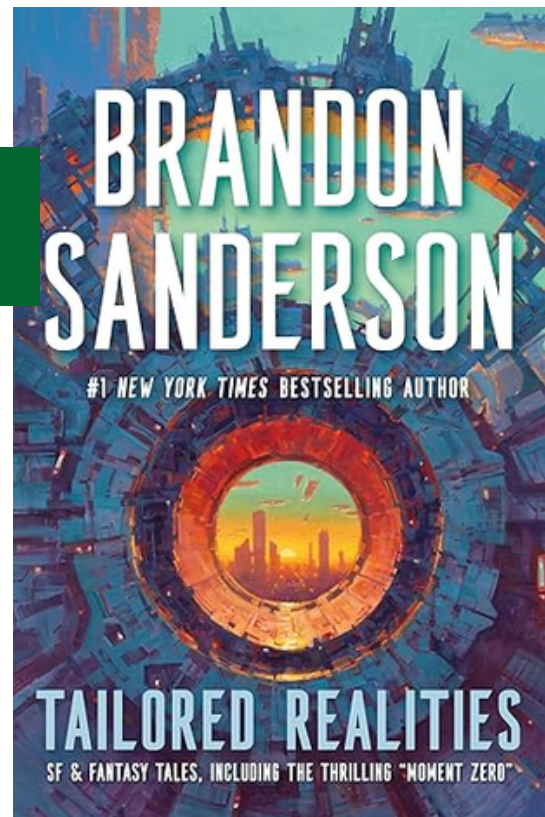
Tailored Realities

Brandon Sanderson

Theme : Grow With Us

This is the perfect Brandon Sanderson primer if you've ever been curious about any of his series but have felt overwhelmed by them. Tailored Realities is a collection of short stories that explore all the different genres found in the Cosmere and beyond!

~ Jasmine H. (CW: Violence, suicide)



Grow With Us in 2026



Join Our Year-Long
Adult Reading Program!

deerfieldlibrary.org/growwithus
to find out more.

